

# Linerceise

## Choice of 6 Week Sessions:

- May 19 - June 23rd
- July 14 - August 18th
- August 25 - September 29th
- October 6 - November 10th

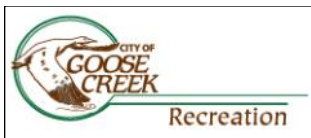
Wednesdays, 6:15 - 7:15 p.m.

At the Casey Community Center On Old Moncks Corner Road



**For Ages 15 & up**

Instructor Marlene E. Woods



*Get up off that sofa!*

*Join us for an hour of fun doing some of the latest line dances while getting a great low impact workout.*

*You'll be doing the Electric Slide, the Macarena, the Cha Cha Slide, the Stomp and the Gospel Slide, just to name a few.*

*Don't be fooled, this a a real workout, so come prepared to sweat!*

*No experience necessary, just a smile and happy feet.*

Cost Per Person:

\$60 resident/ \$65 non-resident

Wear tennis shoes and workout clothes.

For more information contact the Casey Community Center at 572-1321, the Goose Creek Recreation Commission at 569-4242 or visit [www.goosecreekrecreation.com](http://www.goosecreekrecreation.com)